

Aberdeen Health and Social Partnership Care Granite City Good Food (GCGF) Action Plan

Good food is vital to the quality of people lives and every person in Aberdeen should have access healthy, tasty, affordable food. Food should also be good for the environment and our local economy. (GCGF 2018).

Strategic Links:

- Our Strategic Plan (Aberdeen Health and Social Care Partnership 2019): this action plan supports the 4 strategic themes of prevention, resilience, personalisation and connection.
- A Healthier and More Active Future for the North East of Scotland (Draft NHS Grampian 2019): this action plan supports recommendations 2, 3, 5, 9, 12.
- A Healthier Future – Scotland’s Diet and Healthy Weight Delivery Plan (Scottish Government 2018): this action plan supports all 5 outcomes
- Public Health Priorities for Scotland (Scottish Government 2018) – this action plan supports priority 6
- Local Outcome Improvement Plan 2016-26 (Aberdeen City Council)
- Locality Action Plans (Aberdeen City Health and Social Care)

Aim: To support the principles of the GCGF movement within Aberdeen Health and Social Care Partnership and its partners by supporting and implementing the AH&SCP GCGF action plan.

Action plan

Activity	Lead	Actions	Indicators	Progress	Priority*
Establish a communication and engagement plan around the 6 priority areas for Aberdeen city. 1.Promote healthy and sustainable food to the public 2.Tackling food poverty, diet related ill health and access to healthy food 3.Build community food knowledge, skills, resources and projects 4. Promote a vibrant and diverse sustainable food economy 5.Transform catering and food procurement 6. Reduce waste and the ecological footprint of the food system	GCGF	-Develop a key stakeholder communication plan, with actions for communication in the 3 red priority areas -Identify relevant media outlets to share GCGF communications	-Communication plan developed -Number of communication opportunities with specific staff groups e.g. link workers, dietitians, social workers	In discussion with AHSCP Communication and Business Partner	1, 2, 3 High 4. Low 5. Low 6 Medium

Activity	Lead	Action	Indicator	Progress	Activity
Workshop to raise awareness of GCGF within AHSCP and its partners. Aims -to showcase existing food work funded by Health Improvement Fund or Food in Focus e.g. Foyer Food Growing project -inspire people around opportunities to get involved with food work and GCGF -collate information about the food needs/issues in Aberdeen	GCGF	Steering group to co-ordinate workshop	-Number of people/staff attending -Number of areas/organisations -Number of food themes/issues identified	Workshop being developed with Aberdeen City Food Network and Public Health and Wellbeing Team	High
To investigate how we better understand and promote food issues with AHSCP staff and partners, and to utilise local assets and resources effectively	GCGF	Steering group to gather information from AHSCP staff and partners utilising a food conversation tool in conjunction with member of former West Locality Leadership Group	Number of food conversation carried out with range of different groups e.g. health visitors, care managers, public health, dietitians	Investigating potential food conversation tools using quality improvement methodology and test in one locality area	High
To identify and support wider food activities in key strategic city strategies i.e. LOIP and AHSCP locality plans		Review of locality plans and LOIP to identify			High
To support the GCGF movement with partners across Aberdeen City		Partners part of steering group	Number of communications issues by partners e.g. ScottishCare Intergenerational Garden project		Medium

Priority Indicator*

High – (H) priority and immediate action - in first 3 months

Medium – (M) medium priority - within 6 months

Low – (L) low priority – within 12 months